IN THE CLAIMS:

1 (Previously Amended) A method of providing ligamentory like support between two spaced locations in the body of a patient wherein the locations comprise ligament and/or muscle tissue comprising fixing an anchor in each location, connecting the anchors by a filamentary element, adjusting the tension of the filamentary element between the locations to establish the desired spatial relationship between the locations to provide at least a supplementary ligamentory support between the locations.

2. (Cancelled)

- 3. (Currently Amended) A method as claimed at claim 1 or 2 wherein the anchors are provided with a retaining means adapted to be able to retain the filamentary element in a state of tension between the anchors.
- 4. (Original) A method as claimed at claim 3 wherein the retaining means enables movement of the filamentary element through the anchor to enable the length of the filamentary element between the locations to be shortened but to prevent movement of the filamentary element through the anchors to enable the length of the filamentary element between the applications to be increased.
- 5. (Currently Amended) A method as claimed at any one of the preceding claims claim 1 wherein the filamentary element is not biodegradable over a period of

time and is adapted to facilitate the growth of tissue between the locations to provide said ligamentory support between the locations.

- 6. (Currently Amended) A method as claimed at any one of the preceding elaims claim 1 wherein the anchor comprises a head having a configuration facilitating insertion into the tissue and retention of the head in the tissue once inserted, the anchor further having a base which is intended to receive the filamentary element, said method comprising inserting the head of the anchor into the tissue with the base buried in the tissue.
- 7. (Original) A method as claimed at claim 6 wherein the head has a barbed configuration.
- 8. (Original) A method as claimed at claim 7 wherein the barbed configuration comprises a set of prongs extending in a divergent manner from the end of the head towards the base, said prongs being resiliently flexible along their length, said method comprising compressing the ends of the prongs towards each other prior to insertion of the head into the tissue, inserting the head into the tissue and releasing the ends of the prongs once the head is located in the tissue.
- 9. (Currently Amended) A method as claimed at claim 6 or 7 or 8 wherein the anchor is associated with a holder which is configured to retain the anchor with the head directed outwardly from the holder, the method comprising installing an anchor in the holder, placing the anchor in position in the tissue by means of the holder and subsequently disengaging the holder from the anchor.

- 10. (Original) A method as claimed at claim 9 wherein the filamentary element is installed in the anchor and the anchor is installed on the holder prior to insertion of the head into the tissue.
- 11. (Currently Amended) A method as claimed at claim 9 or 10 as dependant from claim 8 wherein the holder is adapted to receive and support the prongs in their compressed state, said method comprising releasing the prongs from engagement with the holder when the anchor is in position.
- 12. (Currently Amended) A method as claimed at claim 9 or 10 or 11 wherein the holder is associated with an insertion appliance, the insertion appliance having a shaft, one end of the shaft adapted to receive the holder, the other end of the shaft supporting the handle, an ejection means extending between the handle and the one end and having a bearing member at one end adapted to bear upon an anchor when installed in the holder, the handle provided with a manipulation member adapted to cause the bearing member to bear on the anchor and cause the displacement of the anchor from the holder, said method comprising locating the holder at the one end of the shaft, installing an anchor into the holder, placing the anchor in position in the tissue by manipulation of the appliance and on location of the anchor in the tissue, activation of the manipulation means to cause displacement of the anchor from the holder.
- 13. (Currently Amended) A method as claimed at any one of the preceding elaims claim 1 wherein the spaced locations comprise the recto-vaginal ligaments or the arcus tendineus ligaments to each side of the vagina and the method resides in the re-establishing of the fascial support for the vagina, said method comprising fixing said anchors into the recto-vaginal ligaments or the arcus tendineus ligaments respectively to each side of the vagina, applying the filamentary element between the anchors and introducing the filamentary element into the fascial tissue such that

with time it will become embodied with the fascia and optimally tensioning the filamentary element between the anchors.

- 14. (Currently Amended) A method as claimed at any one of the preceding claims claim 1 wherein the filamentary element is applied to at least one of the anchors prior to fixation.
- 15. (Original) A method as claimed at claim 14 wherein the filamentary element is applied to a pair of anchors prior to fixation at a spacing greater than the desired spatial relationship.

16. (Cancelled)

- 17. (Previously Amended) A tissue anchor formed of a material which is compatible for location in human and/or animal muscle and/or ligament tissue, the anchor comprising a base and a head, the head having a configuration to facilitate insertion of the head into the tissue and retention of the head in the tissue once inserted, the base formed with an aperture adapted to receive a length of a filamentary element and permit slidable movement of the filamentary element through the aperture in one direction but to restrict movement of the filamentary element through the aperture in the opposite direction.
- 18. (Original) A tissue anchor as claimed at claim 17 wherein the aperture is associated with a locking element positioned to extend across the aperture to define

a space between the locking element and an opposed edge of the aperture, said space being intended to receive the filamentary element, the locking element having one face proximate the one direction and another face proximate the opposite direction, the locking element intended to cooperate with the filamentary element when the filamentary element is in position in the space to restrict the movement of the filamentary element in the opposite direction and to enable movement of the filamentary element in the one direction.

- 19. (Original) A tissue anchor as claimed at claim 18 wherein the edge of the locking element defining the space is formed to engage the surface of the filamentary element when filamentary element is moved in the opposite direction.
- 20. (Original) A tissue anchor as claimed at claim 19 wherein the edge is defined by a surface extending between the faces of the locking element, the surface being inclined away from the opposed edge of the aperture in the opposite direction.
- 21. (Currently Amended) A tissue anchor as claimed at claim 19 or 20 wherein the edge is formed with slots which extend from the face proximate the one direction to at least an intermediate position across the surface.
- 22. (Currently Amended) A tissue anchor as claimed at any one of claims claim 19 to 21 wherein the edge of the locking element has a convex arcuate configuration.

- 23. (Currently Amended) A tissue anchor as claimed at any one of claims claim 18 to 22 wherein the space has a configuration substantially corresponding to the cross section of the filamentary element.
- 24. (Original) A tissue anchor as claimed at claim 23 wherein the space has a configuration corresponding to the cross sectional configuration of the filamentary element when under longitudinal tension.
- 25. (Currently Amended) A tissue anchor as claimed at any one of claims claim 18 to 24 wherein the space has a part annular configuration.
- 26. (Currently Amended) A tissue anchor as claimed at any one of claims claim 18 to 25 wherein the space is located substantially centrally across the central longitudinal axis of the anchor.
- 27. (Currently Amended) A tissue anchor as claimed at any one of claims claim 18 to 26 wherein the face of the locking member proximate the one direction is formed as a recess inwardly of the edge.
- 28. (Currently Amended) A tissue anchor as claimed at any one of claims claim 18 to 27 wherein the locking member is inclined with respect to the base.

- 29. (Currently Amended) A tissue anchor as claimed at any one of claims claim 17 to 28 wherein the head has a barbed configuration.
- 30. (Currently Amended) A tissue anchor as claimed at claim 29 wherein the barbed configuration of the head is defined by a set of prongs, said prongs being located in substantially equi-distant equidistant spacing around the central axis of the head, said prongs being divergent away from the end of the head in the direction of base.
- 31. (Original) A tissue anchor as claimed at claim 30 wherein the prongs are of a tapered configuration.
- 32. (Original) A tissue anchor as claimed at claim 31 wherein the outer end of the prongs are pointed.
- 33. (Currently Amended) A tissue anchor as claimed at any one of claims claim 30 to 32 wherein the prongs are resiliently flexible along their length.
 - 34. (Cancelled)
- 35. (Currently Amended) A holder adapted to support the anchor as claimed at any one of claims claim 17 to 34 comprising a socket configured to clampingly receive the base, the socket being configured to allow access to the aperture, the

clamping engagement between the holder and the base being such that on relative movement between the holder and the anchor the anchor is able to be disengaged from the holder.

- 36. (Original) A holder as claimed at claim 35 wherein the base has a substantially laminar-like configuration comprising two opposed substantially parallel faces.
- 37. (Original) A holder as claimed at claim 35 wherein the socket comprises a pair of spaced elements which receive opposed sides of the base with the aperture between the spaced elements.
- 38. (Original) A holder as claimed at claim 36 wherein the socket comprises a pair of spaced elements which receive opposed sides of the base with the aperture between the spaced elements.
- 39. (Currently Amended) A holder as claimed at claim 35 or 37 wherein the socket is defined by a set of boss elements which are configured to receive the free ends of the prongs of the tissue anchor as claimed at any one of claims 30 to 34 when compressed radially with respect to the central axis of the anchor.
 - 40. (Cancelled)

- 41. (Currently Amended) A holder as claimed at claim 40 <u>35</u> including a length of said filamentary element supported by the anchor.
- 42. (Currently Amended) A pair of holders of the form as claimed at claim 41 for supporting between themselves the length of the filamentary element.
 - 43. (Cancelled)
- 44. (Currently Amended) An insertion appliance comprising a shaft adapted to accommodate at one end the holder as claimed at any one of claims claim 35 to 40, the other end of the shaft supporting a handle, an ejection means extending between the one end and the handle, a bearing member provided at the one end and a manipulation means provided adjacent the handle whereby on an said anchor of the form as claimed at any one of claims 17 to 34 being installed in the holder and on activation of the manipulation means the bearing member will bear upon the anchor to move the anchor from engagement with the holder.
 - 45. (Cancelled)
- 46. (Currently Amended) An insertion appliance as claimed at claim <u>44</u> 45 including a length of said filamentary element supported by the anchor.

- 47. (Currently Amended) A pair of insertion appliances of the form as claimed at claim 46 for supporting between themselves the length of the filamentary element.
- 48. (Currently Amended) An insertion appliance as claimed at claim 48 <u>47</u> provided with a pair of said holders which support between themselves the length of the filamentary element.

49. (Cancelled)

- 50. (New) A method as claimed at claim 6, wherein the anchor is associated with a holder which is configured to retain the anchor with the head directed outwardly from the holder, the method comprising installing an anchor in the holder, placing the anchor in position in the tissue by means of the holder and subsequently disengaging the holder from the anchor.
- 51. (New) A holder adapted to support the anchor as claimed at claim 30 comprising comprising a socket configured to clampingly receive the base, the socket being configured to allow access to the aperture, the clamping engagement between the holder and the base being such that on relative movement between the holder and the anchor is able to be disengaged from the holder.